

Charity Registration Number: 1164121

**Rape and Sexual Abuse Counselling Centre  
(Darlington and County Durham) CIO**

**Financial Statements**

**For the Year Ending**

**31 March 2025**

**JANE ASCROFT ACCOUNTANCY LIMITED**

Chartered accountants  
Enterprise House  
Harmire Enterprise Park  
Barnard Castle  
County Durham  
DL12 8XP

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Financial Statements

Year Ended 31 March 2025

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	<b>Page</b>
Trustees' Annual Report	<b>1</b>
Independent Examiner's Report to the Trustees	<b>7</b>
Statement of Financial Activities	<b>8</b>
Statement of Financial Position	<b>9</b>
Statement of Cash Flows	<b>10</b>
Notes to the Financial Statements	<b>11</b>
<b>The Following Pages Do Not Form Part of the Financial Statements</b>	
Detailed Statement of Financial Activities	<b>24</b>

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# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Trustees' Annual Report

Year Ended 31 March 2025

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The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

### **Objectives and Activities**

The Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) (RSACC) offers free confidential counselling and support to survivors who have experienced any form of sexual violence.

We work to end rape and sexual violence in Darlington and County Durham by supporting survivors of sexual violence. We offer free, safe support to anyone who has experienced any form of sexual violence at any time in their lives.

The principle charitable objects of RSACC are:

1 To relieve the distress of individuals in County Durham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment - in particular, but not exclusively by the following means:-

- (a) the provision of a confidential face to face and telephone counselling service;
- (b) the provision of a centre specifically for women and girls needing further support;
- (c) by referring with permission those clients needing help of a more specialist nature.

2 To educate the public and undertake research into the subject of sexual abuse and to disseminate the useful results thereof.

3 Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Trustees' Annual Report (*continued*)

Year Ended 31 March 2025

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## **Achievements and Performance**

This year has been defined by both growing demand for our services and our persistent commitment to meet that need. Faced with a challenging financial climate, our team has gone above and beyond, leveraging their skill, passion, and expertise to support more survivors than ever before. We are incredibly proud to report that RSACC provided vital support to 1,168 survivors of sexual violence across Darlington and County Durham.

### **Expanding Our Reach to Meet Rising Demand**

Demand for our services continues to rise significantly. This year, we received 801 referrals, a 12% increase from the previous year, highlighting the crucial need for our support. To address this, we have strategically expanded our capacity and introduced new ways of working.

- A grant from Cummins enabled us to overhaul our counselling waiting list management. As a result, we've successfully reduced the waiting list by 28% in just 12 months, getting survivors the help they need faster.
- We added more shifts to our Emotional Support Line, leading to a 60% increase in callers, supporting 339 survivors this year. This vital service, powered by our dedicated volunteers, offers anonymous support and a safe space for survivors to speak about their experiences, often for the first time. The service is complemented by our anonymous email support, which assisted 77 clients, and was made possible by a grant from Darlington Building Society, alongside the Ministry of Justice Rape and Sexual Abuse Support Fund.

### **Tailored Support for All Survivors**

Our specialist services support and empower services wherever they are in their journey.

Our Independent Sexual Advisor (ISVA) Service, commissioned by the Durham Office of the Police and Crime Commissioner (PCC), saw a 9% increase in demand, supporting 514 clients. In the face of ongoing delays in the criminal justice system, our ISVAs have provided essential, intensive support for longer periods. A grant from the PCC allowed us to employ a Child and Young Person's ISVA, ensuring specialist support for this age group.

Our Counselling Service supported 523 survivors, an 11% increase from last year. We continue to deliver services commissioned by the PCC and Durham University, and we are grateful for grants from Children in Need and the PCC that enabled us to provide specialist counselling to children and young people. We also continued our vital work in HMP Low Newton, funded by a PCC grant.

The Rape & Sexual Abuse Support Fund from the Ministry of Justice remains our largest grant, underpinning our counselling services, group sessions, emotional support, and core operational costs.

With grants from the PCC and the Charles Hayward Foundation, we expanded our group provision to support 103 survivors across the county. This year, we introduced a new group specifically designed to support survivors on our counselling waiting list, equipping them with coping strategies while they wait.

Thanks to grants from Chester le Street APP and Primary Care Network, we successfully delivered a new schools programme, providing information on consent, healthy relationships, and active bystander behavior to students.

Our work would not be possible without our 22 brilliant volunteers. Their dedication to our Emotional Support Line, Email Service, counselling, and group sessions is invaluable. We are particularly proud of two of our volunteers, Susan and Abi, who were honored with Exceptional Volunteer Awards at the

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Trustees' Annual Report *(continued)*

Year Ended 31 March 2025

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Darlington Stronger Communities Awards. The support we receive for our volunteer programme is enabled through a grant from the James Knott Trust.

## **Raising Awareness and Empowering Our Community**

We continue to expand our training and awareness programmes to create a safer community for everyone. A grant from the PCC enabled us to deliver Bystander Training to people working in Durham's night-time economy. In addition, we delivered training to 216 professionals, equipping them with the knowledge to respond supportively to disclosures of sexual violence.

We are also very grateful for the dedicated support of Bob Donoghue, the Mayor of Darlington, who selected RSACC as one of his Mayoral Charities. His commitment has been invaluable, supporting us throughout the year with both fundraising and raising awareness of our critical work.

## **Financial Review**

The charity made a deficit of £31,434 (2024 - Surplus of £54,156) during the year on restricted funds and a deficit of £102,300 (2024 - surplus of £114) on unrestricted funds before transfers. At the year-end the restricted funds stood at £39,869 (2024 - £71,303) and the unrestricted funds were £362,387 (2024 - £464,687). The unrestricted funds include designated funds of £21,299 (2024 - £21,299).

## **Reserves Policy**

The Trustees have set a reserves policy which can be reviewed on an annual basis and requires:

- Reserves to be maintained at a level which ensures we can deliver a 6 month exit strategy.
- RSACC will provide redundancy pay for staff in line with statutory requirements.
- A proportion of reserves be maintained in a readily realisable form.

The reserves target for 2024/25 is £369,772.

The balance on free reserves at 31 March 2025 is £333,499 (2024 - £437,319), this consists of unrestricted funds of £362,387 (2024 - £464,687) less net book value of tangible assets of £7,589 (2024 - £6,069) less any designated funds of £21,299 (2024 - £21,299).

The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle and is updated annually.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Trustees' Annual Report *(continued)*

Year Ended 31 March 2025

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## Plans for Future Periods

Our future plans are guided by our five-year strategy, launched in July 2023. This strategy outlines four key goals:

- Meeting the needs of survivors
- Influencing policy through activism and expertise
- Achieving financial independence
- Building an organization that is sustainable for the future

These goals are built on two core principles: centering the voices of survivors and championing equality, diversity, and inclusion. Our Board of Trustees is responsible for overseeing the progress of this strategy.

Our most significant challenge is the overwhelming demand for our support, which currently exceeds our capacity. We are dedicated to increasing our income and developing services to support more survivors and meet their diverse needs. Despite the current financial climate for charities, we are committed to finding innovative ways to grow our funding and ensure that every survivor can access the specialised support they deserve.

We are also leveraging our expertise and the lived experiences of survivors to drive change in Darlington and County Durham. Our goal is to ensure that local systems and organisations believe and support survivors, and that public attitudes toward sexual violence shift for the better.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Trustees' Annual Report *(continued)*

Year Ended 31 March 2025

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## **Structure, Governance and Management**

The Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO was incorporated on 26 October 2015 (registered charity number 1164121) and the assets and liabilities of the unincorporated charity which totalled £223,519 were transferred to the CIO on 31 March 2016.

Overall management for the charity is the responsibility of the trustees. The trustees collectively are responsible for ensuring that RSACC is well run, that resources are managed responsibly, and that services are in line with RSACC's objectives. The trustees are responsible for appointing a CEO, Isabel Owens, who is responsible for leading and managing RSACC's service delivery and income generation activities.

### **Governing document**

The Charitable Incorporated Organisation's governing document is its constitution which was registered on the 26 October 2015 and adopted on 1 April 2016.

### **Appointment, induction and training of trustees**

Trustees are identified by both open and targeted recruitment aimed at ensuring an appropriate balance of skills and experience. Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. Trustees are required to undertake annual training.

The members of the CIO at any point in time shall be the same persons as its charity trustees at that time. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.

### **Board Meetings**

The Trustees hold Board Meetings every 8 weeks where key decisions around governance are made and recorded in the minutes. Any decisions taken more urgently within this timeframe are evidenced and included in the minutes at the following meeting. The Board must be quorate for decisions to be valid. A forward plan of agenda items is maintained to ensure that the trustees regularly consider all aspects of RSACC strategic and operational activity.

### **Arrangements for setting pay of key management personnel**

Pay increases are discussed and approved by the Board in preparation for the financial year.

### **Risk Management**

The principal risks to the charity are outlined in the RSACC Risk Register. A review of the Risk Register is a standing agenda item at all Board meetings. Sustainability always features as a significant risk in terms of loss of funding due to the high percentage of short-term funding streams and contracts. RSACC has an ongoing funding strategy and action plan to mitigate the loss of funding.

## **Reference and Administrative Details**

<b>Registered charity name</b>	Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO
<b>Charity registration number</b>	1164121
<b>Principal office</b>	PO Box 106 Darlington DL3 7YS

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# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Trustees' Annual Report *(continued)*

Year Ended 31 March 2025

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## The Trustees

Katie Joanne Bradshaw	
Nicole Westmarland	
Deborah Lewis-Bynoe	
Geetanjali Gangoli	
Philipa Kyle	(Resigned 5 August 2024)
Rachel Snaith	(Resigned 13 November 2024)
Grace Bananga	
Linda Wright	(Appointed 24 June 2024)
Deborah Inglett	(Appointed 24 June 2024, Resigned 8 September 2025)

## Independent Examiner

Jane Ascroft FCA MA (Cantab)  
Enterprise House  
Harmire Enterprise Park  
Barnard Castle  
County Durham  
DL12 8XP

The trustees' annual report was approved on 3rd November 2025 and signed on behalf of the board of trustees by:



[Katie Bradshaw \(Nov 14, 2025 13:38:19 GMT\)](#)

Katie Joanne Bradshaw  
Trustee

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Independent Examiner's Report to the Trustees of Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Year Ended 31 March 2025

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I report to the trustees on my examination of the financial statements of Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO ('the charity') for the year ended 31 March 2025.

### Responsibilities and Basis of Report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent Examiner's Statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jane Ascroft FCA MA (Cantab)  
Independent Examiner

Enterprise House  
Harmire Enterprise Park  
Barnard Castle  
County Durham  
DL12 8XP

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Statement of Financial Activities

Year Ended 31 March 2025

		Unrestricted funds £	<b>2025</b> Restricted funds £	<b>Total funds</b> £	2024 Total funds £
	Note				
<b>Income and endowments</b>					
Donations and legacies	4	24,028	466,362	490,390	530,614
Charitable activities	5	415,698	–	415,698	418,735
Investment income	6	5,266	–	5,266	4,578
<b>Total income</b>		<u>444,992</u>	<u>466,362</u>	<u>911,354</u>	<u>953,927</u>
<b>Expenditure</b>					
Expenditure on charitable activities	7,8	547,292	497,796	1,045,088	899,657
<b>Total expenditure</b>		<u>547,292</u>	<u>497,796</u>	<u>1,045,088</u>	<u>899,657</u>
<b>Net (expenditure)/income and net movement in funds</b>		<u>(102,300)</u>	<u>(31,434)</u>	<u>(133,734)</u>	<u>54,270</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		464,687	71,303	535,990	481,720
<b>Total funds carried forward</b>		<u>362,387</u>	<u>39,869</u>	<u>402,256</u>	<u>535,990</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 11 to 22 form part of these financial statements.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Statement of Financial Position

31 March 2025

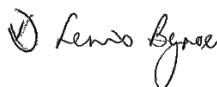
	Note	2025 £	2024 £
<b>Fixed Assets</b>			
Tangible fixed assets	13	7,589	6,069
<b>Current Assets</b>			
Debtors	14	128,958	128,965
Cash at bank and in hand		267,614	406,982
		<u>396,572</u>	<u>535,947</u>
<b>Creditors: amounts falling due within one year</b>	15	<u>1,905</u>	<u>6,026</u>
<b>Net Current Assets</b>		<u>394,667</u>	<u>529,921</u>
<b>Total Assets Less Current Liabilities</b>		<u>402,256</u>	<u>535,990</u>
<b>Net Assets</b>		<u>402,256</u>	<u>535,990</u>
<b>Funds of the Charity</b>			
Restricted funds		39,869	71,303
Unrestricted funds		<u>362,387</u>	<u>464,687</u>
<b>Total charity funds</b>	18	<u>402,256</u>	<u>535,990</u>

These financial statements were approved by the board of trustees and authorised for issue on 3rd November 2025, and are signed on behalf of the board by:



[Katie Bradshaw \(Nov 14, 2025 13:38:19 GMT\)](#)

Katie Joanne Bradshaw  
Trustee



Deborah Lewis-Bynoe  
Trustee

The notes on pages 11 to 22 form part of these financial statements.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Statement of Cash Flows

Year Ended 31 March 2025

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	2025 £	2024 £
<b>Cash Flows from Operating Activities</b>		
Net (expenditure)/income	(133,734)	54,270
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	3,934	3,046
Other interest receivable and similar income	(5,266)	(4,578)
Accrued income	(7,709)	(35,284)
<i>Changes in:</i>		
Trade and other debtors	3,595	(113,822)
Cash generated from operations	(139,180)	(96,368)
Interest received	5,266	4,578
Net cash used in operating activities	<u>(133,914)</u>	<u>(91,790)</u>
<b>Cash Flows from Investing Activities</b>		
Purchase of tangible assets	(5,454)	(5,205)
Net cash used in investing activities	<u>(5,454)</u>	<u>(5,205)</u>
<b>Net Decrease in Cash and Cash Equivalents</b>	(139,368)	(96,995)
<b>Cash and Cash Equivalents at Beginning of Year</b>	406,982	503,977
<b>Cash and Cash Equivalents at End of Year</b>	<u>267,614</u>	<u>406,982</u>

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The notes on pages 11 to 22 form part of these financial statements.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Notes to the Financial Statements

Year Ended 31 March 2025

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### 1. General Information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is PO Box 106, Darlington, DL3 7YS.

### 2. Statement of Compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting Policies

#### Basis of Preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going Concern

There are no material uncertainties about the charity's ability to continue.

#### Judgements and Key Sources of Estimation Uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The trustees consider that there are no significant estimates or judgements affecting these financial statements.

#### Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

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### 3. Accounting Policies *(continued)*

#### Income

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

#### Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

#### Tangible Assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

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## 3. Accounting Policies *(continued)*

### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings	-	25% straight line
Equipment	-	33% straight line

### Impairment of Fixed Assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

### Financial Instruments

The charity only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

### Defined Contribution Plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

### Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Accrued income and tax recoverable is included at the best estimate of the amounts receivable at the balance sheet date.

### Cash at Bank and in Hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

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### 3. Accounting Policies *(continued)*

#### Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

#### Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

### 4. Donations and Legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
<b>Donations</b>			
Donations	14,752	–	14,752
Penelope Martin	4,500	–	4,500
Trusts	4,776	–	4,776
<b>Grants</b>			
Charles Hayward	–	20,000	20,000
Chester-le-Street PCN	–	10,000	10,000
Children in Need	–	31,582	31,582
MOJ Rape Support Fund	–	224,220	224,220
NHS England - C and YP	–	40,178	40,178
NHS England - Prisons	–	56,024	56,024
Durham PCC - CISVA	–	48,162	48,162
Durham PCC - Groups	–	14,782	14,782
Durham PCC - Keystone	–	10,414	10,414
Ballinger Charitable Trust	–	10,000	10,000
Hospital of God	–	1,000	1,000
	<u>24,028</u>	<u>466,362</u>	<u>490,390</u>

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

## 4. Donations and Legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
<b>Donations</b>			
Donations	11,767	–	11,767
Trusts	2,460	–	2,460
<b>Grants</b>			
Charles Hayward	–	20,000	20,000
Chester-le-Street AAP	–	6,952	6,952
Chester-le-Street PCN	–	6,952	6,952
Lloyds Bank Foundation	25,000	–	25,000
Children in Need	–	31,011	31,011
Cummins	–	19,159	19,159
Darlington Building Society	–	3,525	3,525
Garfield Weston	20,000	–	20,000
MOJ Rape Support Fund	–	224,282	224,282
National Lottery Awards for All	–	19,614	19,614
NHS England - C and YP	–	19,113	19,113
NHS England - Prisons	–	54,956	54,956
Durham PCC - CISVA	–	48,161	48,161
Durham PCC - Groups	–	10,069	10,069
Durham PCC - Keystone	–	7,593	7,593
	<u>59,227</u>	<u>471,387</u>	<u>530,614</u>

In 2024 £45,000 of grants income related to unrestricted funds and £14,227 of donations related to unrestricted funds, the remaining grants and donations were restricted.

## 5. Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Training	12,735	–	12,735
Durham University	82,905	–	82,905
PCC Counselling	74,879	–	74,879
PCC ISVA	219,552	–	219,552
Consultancy	725	–	725
PCC - Op soteria	24,902	–	24,902
	<u>415,698</u>	<u>–</u>	<u>415,698</u>

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

## 5. Charitable Activities *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Training	7,246	4,950	12,196
Durham University	63,244	–	63,244
PCC Counselling	112,321	–	112,321
PCC ISVA	230,474	–	230,474
City University of London	500	–	500
	<u>413,785</u>	<u>4,950</u>	<u>418,735</u>

In 2024 £4,950 of income from charitable activities related to restricted funds.

## 6. Investment Income

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Bank interest receivable	<u>5,266</u>	<u>5,266</u>	<u>4,578</u>	<u>4,578</u>

## 7. Expenditure on Charitable Activities by Fund Type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Charitable activities	460,584	497,796	958,380
Support costs	86,708	–	86,708
	<u>547,292</u>	<u>497,796</u>	<u>1,045,088</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Charitable activities	406,561	422,181	828,742
Support costs	70,915	–	70,915
	<u>477,476</u>	<u>422,181</u>	<u>899,657</u>

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

## 8. Expenditure on Charitable Activities by Activity Type

	Activities undertaken directly	Support costs	Total funds 2025	Total fund 2024
	£	£	£	£
Charitable activities	958,380	79,045	1,037,425	891,672
Governance costs	–	7,663	7,663	7,985
	<u>958,380</u>	<u>86,708</u>	<u>1,045,088</u>	<u>899,657</u>

In 2024 £422,181 of the charitable activity costs related to restricted expenditure and £477,476 related to unrestricted expenditure.

## 9. Net (Expenditure)/Income

Net (expenditure)/income is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation of tangible fixed assets	<u>3,934</u>	<u>3,046</u>

## 10. Independent Examination Fees

	2025	2024
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,868	3,705
Other financial services	<u>4,157</u>	<u>–</u>
	<u>6,025</u>	<u>3,705</u>

## 11. Staff Costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025	2024
	£	£
Wages and salaries	751,979	657,955
Social security costs	58,025	48,637
Employer contributions to pension plans	<u>42,122</u>	<u>38,806</u>
	<u>852,126</u>	<u>745,398</u>

The average head count of employees during the year was 33 (2024: 30).

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

### Key Management Personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £62,858 (2024:£62,292).

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

## 12. Trustee Remuneration and Expenses

No trustees' remuneration were paid in the current or previous year. One trustee received expenses of £21 (2024 - No expenses).

## 13. Tangible Fixed Assets

	Fixtures and fittings £	Equipment £	Total £
<b>Cost</b>			
At 1 April 2024	1,027	11,784	12,811
Additions	–	5,454	5,454
<b>At 31 March 2025</b>	<u>1,027</u>	<u>17,238</u>	<u>18,265</u>
<b>Depreciation</b>			
At 1 April 2024	1,026	5,716	6,742
Charge for the year	–	3,934	3,934
<b>At 31 March 2025</b>	<u>1,026</u>	<u>9,650</u>	<u>10,676</u>
<b>Carrying amount</b>			
<b>At 31 March 2025</b>	<u>1</u>	<u>7,588</u>	<u>7,589</u>
At 31 March 2024	<u>1</u>	<u>6,068</u>	<u>6,069</u>

## 14. Debtors

	2025 £	2024 £
Trade debtors	121,009	124,550
Prepayments and accrued income	7,949	4,256
Other debtors	–	159
	<u>128,958</u>	<u>128,965</u>

## 15. Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	1,905	6,026

## 16. Deferred Income

	2025 £	2024 £
At 1 April 2024	–	37,439
Amount released to income	–	(37,439)
<b>At 31 March 2025</b>	<u>–</u>	<u>–</u>

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

## 17. Pensions and Other Post Retirement Benefits

### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £42,122 (2024: £38,806).

## 18. Analysis of Charitable Funds

### Unrestricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
General funds	443,388	444,992	(547,292)	–	341,088
Designated funds	21,299	–	–	–	21,299
	<u>464,687</u>	<u>444,992</u>	<u>(547,292)</u>	<u>–</u>	<u>362,387</u>

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	411,307	477,590	(477,476)	31,967	443,388
Designated funds	–	–	–	21,299	21,299
	<u>411,307</u>	<u>477,590</u>	<u>(477,476)</u>	<u>53,266</u>	<u>464,687</u>

RSACC has carried forward an unspent balances from previous ISVA grants from year end 2021/22 with agreement of the previous PCC Policy & Commissioning Officer. Designated funds are for future ISVA redundancies.

### Restricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
National Lottery					
Community Fund	19,614	–	(17,081)	–	2,533
BBC Children In Need	–	31,582	(31,582)	–	–
Darlington Building Society	1,454	–	(1,454)	–	–
PCC CISVA	–	48,162	(48,162)	–	–
PCC Groups	2,401	14,782	(9,860)	–	7,323
PCC Keystone	3,592	10,414	(6,283)	–	7,723
Rape Support Fund	–	224,220	(224,220)	–	–
NHS Children & YP					
Counselling grant	–	40,178	(37,190)	–	2,988
NHS Prisons	–	56,024	(56,024)	–	–
PCC - Bystander Training	4,950	–	(4,950)	–	–

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Notes to the Financial Statements *(continued)*

### Year Ended 31 March 2025

#### 18. Analysis of Charitable Funds *(continued)*

Charles Hayward	8,096	20,000	(20,000)	–	8,096
Chester-le-Street AAP	2,338	–	(2,338)	–	–
Chester-le-Street PCN	6,088	10,000	(14,882)	–	1,206
Sir James Knott Trust	3,880	–	(3,880)	–	–
Cummins	18,890	–	(18,890)	–	–
Ballinger Charitable Trust	–	10,000	–	–	10,000
Hospital of God	–	1,000	(1,000)	–	–
	<u>71,303</u>	<u>466,362</u>	<u>(497,796)</u>	<u>–</u>	<u>39,869</u>

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
National Lottery Community Fund	–	19,614	–	–	19,614
BBC Children In Need	–	31,011	(31,011)	–	–
Darlington Building Society	–	3,525	(2,071)	–	1,454
PCC ISVA	53,266	–	–	(53,266)	–
PCC CISVA	75	48,161	(48,236)	–	–
PCC Groups	–	10,069	(7,668)	–	2,401
PCC Keystone	–	7,593	(4,001)	–	3,592
Rape Support Fund	–	224,282	(224,282)	–	–
NHS Children & YP Counselling grant	–	19,113	(19,113)	–	–
NHS Prisons	–	54,956	(54,956)	–	–
PCC - Bystander Training	–	4,950	–	–	4,950
Charles Hayward	–	20,000	(11,904)	–	8,096
Chester-le-Street AAP	–	6,952	(4,614)	–	2,338
Chester-le-Street PCN	–	6,952	(864)	–	6,088
CDCF NHS Community Connector	156	–	(156)	–	–
Sir James Knott Trust	7,760	–	(3,880)	–	3,880
CDCF Sustainability Fund	5,000	–	(5,000)	–	–
Cummins	4,156	19,159	(4,425)	–	18,890
	<u>70,413</u>	<u>476,337</u>	<u>(422,181)</u>	<u>(53,266)</u>	<u>71,303</u>

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

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### 18. Analysis of Charitable Funds *(continued)*

The money received from the National Lottery Community Fund was to fund outreach counselling for survivors of sexual violence.

The money received from the Children in Need was to fund a young person's counsellor and training, clinical supervision, counselling resources and building running costs.

The money from Darlington Building Society was to fund the telephone Emotional Support Line providing anonymous support to survivors.

The money received from the Police, Crime Commissioner is to provide Specialist Children and Young Person's Independent Sexual Violence Advisor.

The money received from the Police, Crime Commissioner is to provide group support for survivors of sexual violence.

The money received from Keystone was grant funding from the PCC to support parents and carers of children and young people who have experienced rape and sexual abuse.

The money received from the NHS England through the PCC for Children & Young People Counselling grant is to provide 15 hours of specialist counselling a week to children and young people.

The money received from NHS England through the PCC is to fund specialist sexual violence counselling delivered to residents within HMP Low Newton.

The money received from the PCC for Safer Streets training is to deliver 15 sessions of Bystander Training to those working in the nighttime economy, shopping centres and public transport.

Monies received from Charles Haywood Foundation will be used in peer support groups for sexual abuse survivors.

Chester-le-Street MP monies is to delivery art-based collaborative project to delivery sexual violent awareness workshops in schools.

Chester-le-Street PCN monies is to provide specialist sexual violent support for children and young people in schools.

The money received from County Durham Community Foundation is to fund a project to help disadvantaged women and girls and the costs of volunteer support for survivors of sexual violence and covers counselling and core costs.

The monies received from the Sir James Knott Trust is to fund counselling services.

The monies from County Durham Community Foundation is to fund the development of groups to support survivors of sexual violence.

The monies received from Cummins is a grant to fund an admin post to support managing the waiting list.

The money received from the Ministry of Justice was to provide direct and front-line support for victims of rape and sexual abuse.

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Notes to the Financial Statements *(continued)*

Year Ended 31 March 2025

### 18. Analysis of Charitable Funds *(continued)*

The monies received from the Hospital of God was to support the costs of delivering specialist sexual violence counselling.

The monies received from Ballinger Charitable Trust was to support the delivery of specialist sexual violence services and core costs.

### 19. Analysis of Net Assets Between Funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	7,589	–	7,589
Current assets	356,703	39,869	396,572
Creditors less than 1 year	(1,905)	–	(1,905)
<b>Net assets</b>	<u>362,387</u>	<u>39,869</u>	<u>402,256</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	6,069	–	6,069
Current assets	464,644	71,303	535,947
Creditors less than 1 year	(6,026)	–	(6,026)
<b>Net assets</b>	<u>464,687</u>	<u>71,303</u>	<u>535,990</u>

### 20. Analysis of Changes in Net Debt

	At 1 Apr 2024 £	Cash flows £	At 31 Mar 2025 £
Cash at bank and in hand	<u>406,982</u>	<u>(139,368)</u>	<u>267,614</u>

### 21. Related Parties

No related party transactions occurred during the current or previous year.

# **Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO**

**Management Information**

**Year Ended 31 March 2025**

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**The Following Pages Do Not Form Part of the Financial Statements.**

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Detailed Statement of Financial Activities

Year Ended 31 March 2025

	2025 £	2024 £
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations	14,752	11,767
Penelope Martin	4,500	–
Trusts	4,776	2,460
Charles Hayward	20,000	20,000
Chester-le-Street AAP	–	6,952
Chester-le-Street PCN	10,000	6,952
Lloyds Bank Foundation	–	25,000
Children in Need	31,582	31,011
Cummins	–	19,159
Darlington Building Society	–	3,525
Garfield Weston	–	20,000
MOJ Rape Support Fund	224,220	224,282
National Lottery Awards for All	–	19,614
NHS England - C and YP	40,178	19,113
NHS England - Prisons	56,024	54,956
Durham PCC - CISVA	48,162	48,161
Durham PCC - Groups	14,782	10,069
Durham PCC - Keystone	10,414	7,593
Ballinger Charitable Trust	10,000	–
Hospital of God	1,000	–
	<u>490,390</u>	<u>530,614</u>
<b>Charitable activities</b>		
Training	12,735	12,196
Durham University	82,905	63,244
PCC Counselling	74,879	112,321
PCC ISVA	219,552	230,474
City University of London	–	500
Consultancy	725	–
PCC - Op soteria	24,902	–
	<u>415,698</u>	<u>418,735</u>
<b>Investment income</b>		
Bank interest receivable	5,266	4,578
	<u>5,266</u>	<u>4,578</u>
<b>Total income</b>	<u>911,354</u>	<u>953,927</u>

# Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO

## Detailed Statement of Financial Activities *(continued)*

Year Ended 31 March 2025

	2025 £	2024 £
<b>Expenditure</b>		
<b>Charitable activities</b>		
<b><i>Activities undertaken directly</i></b>		
Wages	751,979	657,955
Employer's NIC	58,025	48,637
Pension costs	42,122	38,806
Supervision	24,928	19,458
Training	12,544	9,063
Travel & Subsistence	12,467	7,545
Outreach	20,901	13,176
Emotional Support Line	2,056	1,884
Share of grant funding to partner organisations	20,932	20,628
Room hire	4,793	5,986
Other service costs	2,604	2,262
Other staff and volunteer costs	5,029	3,342
	<u>958,380</u>	<u>828,742</u>
<b><i>Support costs</i></b>		
Rent, rates and water	15,426	14,409
Insurance	4,832	4,820
Professional fees	9,894	4,917
Bookkeeping costs	4,157	3,985
Telephone	15,371	11,732
Postage, stationery and other office costs	2,764	2,607
Depreciation	3,934	3,046
Advertising	2,289	3,267
IT Costs	20,378	14,147
	<u>79,045</u>	<u>62,930</u>
<b><i>Governance costs</i></b>		
Independent Examiners fee	1,868	3,705
Legal & professional fees	5,694	4,280
Trustee expenses	21	–
Trustee room hire	80	–
	<u>7,663</u>	<u>7,985</u>
<b>Total expenditure</b>	<u>1,045,088</u>	<u>899,657</u>
<b>Net (expenditure)/income</b>	<u>(133,734)</u>	<u>54,270</u>











# RSACC - 2025 accounts - FINAL

Final Audit Report

2025-11-14

Created:	2025-11-14
By:	Isabel Owens (Isabel@rsacc-thecentre.org.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAASUBAk_YldcTPKgKFqo7dct4-M2FfGicC

## "RSACC - 2025 accounts - FINAL" History

-  Document created by Isabel Owens (Isabel@rsacc-thecentre.org.uk)  
2025-11-14 - 13:01:54 GMT- IP address: 2.217.189.138
-  Document emailed to katie@rsacc-thecentre.org.uk for signature  
2025-11-14 - 13:01:59 GMT
-  Document emailed to deborah@rsacc-thecentre.org.uk for signature  
2025-11-14 - 13:02:00 GMT
-  Email viewed by katie@rsacc-thecentre.org.uk  
2025-11-14 - 13:37:54 GMT- IP address: 66.249.93.66
-  Signer katie@rsacc-thecentre.org.uk entered name at signing as Katie Bradshaw  
2025-11-14 - 13:38:17 GMT- IP address: 31.22.0.114
-  Document e-signed by Katie Bradshaw (katie@rsacc-thecentre.org.uk)  
Signature Date: 2025-11-14 - 13:38:19 GMT - Time Source: server- IP address: 31.22.0.114
-  Email viewed by deborah@rsacc-thecentre.org.uk  
2025-11-14 - 15:42:24 GMT- IP address: 66.249.93.76
-  Signer deborah@rsacc-thecentre.org.uk entered name at signing as Deborah Lewis-Bynoe  
2025-11-14 - 15:47:20 GMT- IP address: 185.241.227.198
-  Document e-signed by Deborah Lewis-Bynoe (deborah@rsacc-thecentre.org.uk)  
Signature Date: 2025-11-14 - 15:47:22 GMT - Time Source: server- IP address: 185.241.227.198
-  Agreement completed.  
2025-11-14 - 15:47:22 GMT