

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2024
for

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Registered Charity Number: 1164121

Anderson Barrowcliff Limited
Chartered Accountants
3 Kingfisher Court
Bowesfield Park
Stockton on Tees
TS18 3EX

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Contents of the Financial Statements
for the Year Ended 31 March 2024

	Page
Report of the Trustees	1 - 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Statement of Cash Flows	8
Notes to the Financial Statements	9 - 18

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Report of the Trustees
for the Year Ended 31 March 2024

The Trustees present their report together with financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1164121

Principal Address

PO Box 106
Darlington
Co. Durham
DL3 7YS

Trustees

Katie Joanne Bradshaw
Nicole Westmarland
Diane Leer MA – resigned 27/11/23
Deborah Lewis-Bynoe
Geetanjali Gangoli
Phillipa Kyle – resigned 05/08/24
Rachel Snaith
Grace Bananga – appointed 19/02/24
Linda Wright – appointed 24/06/24
Deborah Inglett – appointed 24/06/24

Bankers

Co-Operative Bank

Chief Executive Officer

Isabel Owens

Independent Examiner

Mrs Jane Bennett FCA
Anderson Barrowcliff Limited
Chartered Accountants
3 Kingfisher Court
Bowesfield Park
Stockton on Tees TS18 3EX

OBJECTIVES AND ACTIVITIES - Objectives and Aims

The Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) (RSACC) offers free confidential counselling and support to survivors who have experienced any form of sexual violence.

We work to end rape and sexual violence in Darlington and County Durham by supporting survivors of sexual violence. We offer free, safe support to anyone who has experienced any form of sexual violence at any time in their lives.

The principle charitable objects of RSACC are:

- 1 To relieve the distress of individuals in County Durham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment – in particular, but not exclusively by the following means:-
 - (a) the provision of a confidential face to face and telephone counselling service;
 - (b) the provision of a centre specifically for women and girls needing further support;
 - (c) by referring with permission those clients needing help of a more specialist nature.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Report of the Trustees
for the Year Ended 31 March 2024

OBJECTIVES AND ACTIVITIES - continued

- 2 To educate the public and undertake research into the subject of sexual abuse and to disseminate the useful results thereof.
- 3 Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

ACHIEVEMENTS AND PERFORMANCE

This year RSACC has supported 1072 survivors of sexual violence across Darlington and County Durham, a 21% increase when compared to the previous year, meaning we have been able to ensure more survivors across the area get the specialist support they need. All of our services have supported more survivors than they did last year, reflecting the rise in demand from survivors across Darlington and County Durham and the work we have done to increase capacity to allow us to support more clients.

One of the biggest challenges we face is that demand for support is far higher than we have capacity to reach. Our capacity is limited by the level and length of funding from grants and commissioned services. This year we received 716 referrals, which is a significant increase from the previous year. This increase in demand has mainly come from an increase in referrals to our ISVA service, although we have also seen an increase in counselling referrals. To meet this demand we have worked to expand the capacity and reach of our services, as well as introducing new ways of working and services to support survivors in new ways. Some of this work has been supported by a grant from Cummins, which has allowed us to invest in our admin team and expand our outreach work.

This year we expanded our emotional support offer launching an anonymous email service providing emotional support and information to survivors. Since its launch in April 2023 the service has received and responded to 115 emails from survivors. Our Emotional Support Line continues to offer anonymous support for survivors living with the long term impacts of sexual violence and has supported 210 calls in the past year. This has been supported by a grant from County Durham Community Foundation and Darlington Building Society.

We continue to offer our Independent Sexual Advisor Service (ISVA) commissioned by the Durham Office of the Police and Crime Commissioner (PCC). This year the service has supported 472, a significant increase in the number supported last year. Our ISVA service is commissioned for 3 years to provide emotional and practical support to survivors going through the criminal justice system. This service has been particularly important for survivors over the past year as long delays in the criminal justice system continue, meaning survivors often need more intensive support for longer. A grant from the PCC has enabled us to support children and young people through a full time CISVA, who has specialist skill and expertise with this age group. We also received further funding from the PCC to introduce a new role into the team aiming to respond to immediate support requests from the Police and improve partnership working.

Our counselling service has supported 470 survivors over the year. We continue to deliver our contract commissioned by the PCC to provide counselling support to survivors of sexual violence across Darlington and Durham. We also have a contract with Durham University to provide counselling to their staff and students. We offer counselling support to children and young people who have experienced sexual violence, funded through grants from Children in Need and a grant from the PCC. This year we have also expanded our counselling into HMP Low Newton supporting women in prison who are survivors of sexual violence, this was supported through a grant from the PCC.

Our largest grant continues to be The Rape & Sexual Abuse Support Fund, awarded by the Ministry of Justice. This grant continues to support our counselling services for survivors, as well as our groups, emotional support services and core costs. In addition, grants from the Lloyds Bank Foundation and the Garfield Weston Foundation to support our core costs helped us respond to this demand, supporting services for survivors and our organisational resilience.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Report of the Trustees
for the Year Ended 31 March 2024

ACHIEVEMENTS AND PERFORMANCE - continued

This year we have continued to expand our group provision, supporting 87 survivors and offering groups across the county. This has been enabled through grants from the PCC and the Charles Hayward Foundation. We have further developed our group programme for parents and carers of children and young people who have experienced sexual abuse, with the support of a grant from the PCC.

This year we also piloted a new programme in schools providing information and support to students on consent, healthy relationship and being an active bystander. We have piloted this programme in Chester le Street, which has been enabled with grants from Chester le Street APP and Primary Care Network.

Our work with survivors over this year has been supported by 14 brilliant volunteers. They have given their time to support survivors through counselling and groups, as well as our Emotional Support Line and Email Support Service, which we wouldn't be able to offer without their support. This has been enabled through a grant from the James Knott Trust.

Finally, we have continued to work to increase our income from unrestricted sources so we can support more survivors. We have expanded our training offer to individuals and organisations as a source of income we hope to grow in the coming years. We have also increased our fundraising activity and income through donations.

FINANCIAL REVIEW

Reserves Policy

The trustees have set a reserves policy which requires:-

- Reserves to be maintained at a level which ensures 6 months organisation core activity could continue during a period of unforeseen difficulty.
- RSACC will provide goodwill in respect of 8 weeks gross redundancy pay for staff in existing roles (funding permitting) in circumstances where the statutory requirement is less; otherwise the statutory requirement applies.
- A proportion of reserves be maintained in a readily realisable form.

The charity made a surplus of £54,156 (2023: deficit of £29,375) during the year on restricted funds and a surplus of £114 (2023: £18,631) on unrestricted funds before transfers. At the year-end the restricted funds stood at £71,303 (2023: £70,413) and the unrestricted funds were £464,687 (2023: £411,307). The unrestricted funds include designated funds of £21,299,

The Trustees monitor the level of reserves of the CIO throughout the year. The Trustees have determined that the appropriate level of centrally held free reserves should be least £328,972 for the period to 31 March 2024. The balance on free reserves is £437,319 (2023: £407,397), this consists of unrestricted funds of £464,687 (2023: £411,307) less net book value of tangible assets of £6,069 (2023: £3,910) less any designated funds of £21,299 (2023: £Nil).

The Trustees set guidance for a minima and maxima for reserves.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO was incorporated on 26 October 2015 (registered charity number 1164121) and the assets and liabilities of the unincorporated charity which totalled £223,519 were transferred to the CIO on 31 March 2016.

Overall management for the charity is the responsibility of the trustees. The trustees collectively are responsible for ensuring that RSACC is well run, that resources are managed responsibly, and that services are in line with RSACC's objectives. The trustees are responsible for appointing a CEO, Isabel Owens, who is responsible for leading and managing RSACC's service delivery and income generation activities.

Governing document

The Charitable Incorporated Organisation's governing document is its constitution which was registered on the 26 October 2015 and adopted on 1 April 2016.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Report of the Trustee
for the Year Ended 31 March 2024

Appointment, induction and training of trustees

Trustees are identified by both open and targeted recruitment aimed at ensuring an appropriate balance of skills and experience. Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. Trustees are required to undertake annual training.

The members of the CIO at any point in time shall be the same persons as its charity trustees at that time. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.

Board Meetings

The Trustees hold Board Meetings every 6-8 weeks where key decisions around governance are made and recorded in the minutes. Any decisions taken more urgently within this timeframe are evidenced and included in the minutes at the following meeting. The Board must be quorate for decisions to be valid. A forward plan of agenda items is maintained to ensure that the trustees regularly consider all aspects of RSACC strategic and operational activity.

Arrangements for setting pay of key management personnel

Pay increases are discussed and approved by the Board in preparation for the financial year.

Risk Management

The principal risks to the charity are outlined in the RSACC Risk Register. A review of the Risk Register is a standing agenda item at all Board meetings. Sustainability always features as a significant risk in terms of loss of funding due to the high percentage of short-term funding streams and contracts. RSACC has an ongoing funding strategy and action plan to mitigate the loss of funding.

Future Plans

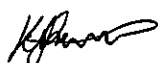
Our future plans are outlined in our new 5 year Strategy, launched in July 2023. The strategy outlines our 4 organisational goals of meeting the needs of survivors; influencing, activism and expertise; financial freedom and an organisation fit for the future. These goals are underpinned by the key pillars of centring survivor voice and equality, diversity and inclusion. Progress against the delivery of our strategy is overseen by our Board of Trustees.

Our biggest challenge remains the demand for support from survivors, which far outstrips our current capacity. We are working to grow our income so we can increase capacity to support more survivors, alongside developing new ways of working and services so we can reach more survivors with support that meets their diverse needs. We are also using our expertise and the voice of survivors to ensure survivors are believed and supported by local systems and organisations and that society's attitudes towards sexual violence positively change in Darlington and County Durham.

TRUSTEE STATEMENT

In setting our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission guidance on public benefit.

Approved by order of the board of trustees on ^{06/01/2025} and signed on its behalf by:



Katie Bradshaw
Trustee

**Independent Examiner's Report to the Trustees of
Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO**

Independent Examiner's Report to the Trustees of Rape and Sexual Abuse Counselling Centre.

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 6 to 17.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of your charity's accounts as carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anderson Barrowcliff

Mrs Jane Bennett FCA
Anderson Barrowcliff Limited
Chartered Accountants
3 Kingfisher Court
Bowesfield Park
Stockton on Tees
TS18 3EX

Date: 9.1.25

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Restricted Funds £	Unrestricted Funds £	2024 Total £	2023 Total £
INCOME FROM:					
Donations and legacies	2	471,387	59,227	530,614	507,887
Charitable activities	3	4,950	413,785	418,735	311,219
Investment income – bank interest		-	4,578	4,578	1,688
Total income		<u>476,337</u>	<u>477,590</u>	<u>953,927</u>	<u>820,794</u>
EXPENDITURE ON:					
Charitable activities	4	(422,181)	(477,476)	(899,657)	(831,538)
NET MOVEMENT IN FUNDS/NET (EXPENDITURE)/INCOME FOR YEAR					
		54,156	114	54,270	(10,744)
Transfers	11	(53,266)	53,266	-	-
		890	53,380	54,270	(10,744)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>70,413</u>	<u>411,307</u>	<u>481,720</u>	<u>492,464</u>
TOTAL FUNDS CARRIED FORWARD	11	<u><u>71,303</u></u>	<u><u>464,687</u></u>	<u><u>535,990</u></u>	<u><u>481,720</u></u>

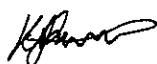
The notes form part of the statutory financial statements

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Balance Sheet
At 31 March 2024

	<u>Notes</u>	2024	2023
		£	£
FIXED ASSETS			
Tangible assets	8	6,069	3,910
CURRENT ASSETS			
Debtors	9	128,965	15,143
Cash at bank		406,982	503,977
		<u>535,947</u>	<u>519,120</u>
CREDITORS			
Amounts falling due within one year	10	6,026	41,310
NET CURRENT ASSETS		<u>529,921</u>	<u>477,810</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>535,990</u>	<u>481,720</u>
FUNDS			
Restricted funds	11	71,303	70,413
Unrestricted funds			
General	11	443,388	411,307
Designated		21,299	-
		<u>464,687</u>	411,307
TOTAL FUNDS		<u>535,990</u>	<u>481,720</u>

The financial statements were approved by the Board of Trustees on ^{06/01/2025}..... and were signed on its behalf by:



.....
Katie Bradshaw
Trustee



.....
Deborah Lewis-Bynoe
Trustee

The notes form part of the statutory financial statements

Rape and Sexual Abuse Counselling Centre

(Darlington and County Durham) CIO

Statement of Cash Flow

At 31 March 2024

		2024	2023
		£	£
	<u>Note</u>		
Cash flow from operating activities:	15	(96,368)	12,589
Cash flow from investing activities			
Payments to acquire tangible fixed assets		(5,205)	(1,638)
Interest received		4,578	1,687
Net cash flow from investing activities		(627)	49
Net increase in cash and cash equivalents		(96,995)	12,638
Cash and cash equivalents at 1 April 2023		503,977	491,339
Cash and equivalents at 31 March 2024		406,982	503,977
Cash and cash equivalents consist of:			
Cash at bank and in hand		406,982	503,977
Short term deposits		-	-
Cash and cash equivalents at 31 March 2024		406,982	503,977

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Notes to the Financial Statements
for the Year Ended 31 March 2024

1 ACCOUNTING POLICIES

(a) General information and basis of preparation

Rape and Sexual Abuse Counselling Centre is a charitable incorporated organisation in England. The principal address is given in the Charity information on page 1 of these financial statements. The nature of activities are shown in the Trustees' Report.

The Charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice Standard applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 published in October 2019 rather than the accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the Charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds comprise of unrestricted funds that have been set aside by the trustees for purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Notes to the Financial Statements
for the Year Ended 31 March 2024

(c) **Income**

Items of income are recognised and included in the accounts when all the following criteria are met:

- The charity have entitlement to the funds.
- Any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity.
- There is sufficient certainty that receipt of the income is considered probable; and
- The amount can be measured reliably.

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. There is no netting off within the accounts.

(d) **Expenditure**

Expenditure is recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. It includes attributable VAT which cannot be recovered.

Charitable expenditure comprises those costs incurred by the company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office and governance costs.

Governance costs include those incurred in the governance of the charity which are associated with the constitutional and statutory requirements.

(e) **Tangible Fixed Assets**

Tangible fixed assets are stated at cost, less depreciation. Assets costing less than £250 are not capitalised.

Depreciation is provided at the following rates calculated to write off the cost of fixed assets over their expected useful life:-

Office Equipment	- Equipment	- 33% on cost per annum
	- Fixtures and Fittings	- 25% on cost per annum

(f) **Debtors**

Trade and other debtors are recognised at the settlement amount.

(g) **Cash at Bank**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(h) **Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Notes to the Financial Statements
for the Year Ended 31 March 2024

(i) **Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

(j) **Taxation**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

(k) **Pension Costs and Other Post-Retirement Benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

(l) **Going Concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO**

**Notes to the Financial Statements
for the Year Ended 31 March 2024**

2 DONATIONS AND LEGACIES

	Restricted £	Unrestricted £	Total 2024 £	Total 2023 £
<u>Grants</u>				
County Durham Community Foundation connector	-	-	-	5,000
Charles Hayward	20,000	-	20,000	-
Chester-le-Street AA	6,952	-	6,952	-
Chester-le-Street PCN	6,952	-	6,952	-
Lloyds Bank Foundation	-	25,000	25,000	27,250
Children in Need	31,011	-	31,011	33,608
Cummins	19,159	-	19,159	4,156
Darlington Building Society	3,525	-	3,525	-
Garfield Weston	-	20,000	20,000	-
MOJ Rape Support Fund	224,282	-	224,282	224,405
National Lottery Awards for All	19,614	-	19,614	-
NHS England - C and YP	19,113	-	19,113	-
NHS England - Prisons	54,956	-	54,956	-
Postcode Trust	-	-	-	9,642
CDCF - Individual Grant	-	-	-	274
Durham PCC - CISVA	48,161	-	48,161	40,135
Durham PCC - Counselling Grant	-	-	-	88,626
Durham PCC - Families Grant	-	-	-	7,110
Durham PCC - Groups	10,069	-	10,069	-
Durham PCC - Keystone	7,593	-	7,593	-
Durham PCVC NHS SAS Grant	-	-	-	9,307
Darlington for Culture	-	-	-	500
Social Enterprise Support Fund	-	-	-	34,636
	<hr/>	<hr/>	<hr/>	<hr/>
	471,387	45,000	516,387	484,649
<u>Donations</u>				
Donations	-	13,212	13,212	16,584
Penelope Martin Trust	-	-	-	4,500
Sundry donations	-	1,015	1,015	1,954
Peer Support Group Donation	-	-	-	200
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	-	14,227	14,227	23,238
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	471,387	59,227	530,614	507,887
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

In 2023 £27,524 of grants income related to unrestricted funds and £23,038 of donations related to unrestricted funds, the remaining grants and donations were restricted.

**Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO**

**Notes to the Financial Statements
for the Year Ended 31 March 2024**

3 CHARITABLE ACTIVITIES

	Restricted	Unrestricted	Total 2024 £	Total 2023 £
Training	4,950	7,246	12,196	1,950
Durham University	-	63,244	63,244	45,903
Online Chat	-	-	-	1,278
PCC Counselling	-	112,321	112,321	37,439
Durham PCC	-	-	-	3,600
PCC ISVA	-	230,474	230,474	221,049
City University of London	-	500	500	-
	<u>4,950</u>	<u>413,785</u>	<u>418,735</u>	<u>311,219</u>

In 2023 all charitable activities income related to on unrestricted funds.

4 CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 5) £	Support costs (See note 5) £	2024 Totals £	2023 £
	816,630	83,027	899,657	831,538
	<u>816,630</u>	<u>83,027</u>	<u>899,657</u>	<u>831,538</u>

5 DIRECT & SUPPORT COSTS

	2024 £	2023 £
Direct		
Wages	657,955	613,132
Social Security	48,637	47,320
Pensions	38,806	36,868
Temporary Staff - CEO	-	17,010
Supervision	17,370	15,655
Training	9,923	10,323
Travel & Subsistence	6,662	3,697
Outreach	13,176	14,210
Administration	826	-
Emotional support	2,647	-
Share of grant funding to partner organisations	20,628	-
	<u>816,630</u>	<u>758,215</u>

**Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO**

**Notes to the Financial Statements
for the Year Ended 31 March 2024**

5 DIRECT & SUPPORT COSTS - continued

	2024	2023
	£	£
Support		
Rent, rates and water	20,395	21,518
Insurance	4,820	4,347
Telephone	11,732	10,772
Postage & stationery	815	1,259
Advertising	3,267	1,135
Sundries	7,918	7,638
IT Costs	14,147	12,600
Bookkeeping costs	3,985	2,628
Depreciation	3,046	5,139
Governance Costs		
Independent Examiners fee	3,705	3,200
Legal & professional fees	9,197	3,087
	83,027	73,323

In 2023 £480,962 of the charitable activity costs related to restricted expenditure and £350,576 related to unrestricted expenditure.

6 TRUSTEES' AND KEY MANAGEMENT PERSONNEL REMUNERATION & EXPENSES

The total amount of employee benefits received by key management personnel is £62,292 (2023: £54,019). The Trustees considers the key management personnel to be the Chief Executive Officer.

No trustees' remuneration was paid in the years ended 31 March 2024 or 31 March 2023. No trustees travel expenses were paid in year ended 31 March 2024 or 31 March 2023.

7 STAFF COSTS

	2024	2023
	£	£
Wages and salaries	657,955	613,132
Social security costs	48,637	47,320
Other pension costs	38,806	36,868
	745,398	697,320

The average monthly number of employees during the year was 30 (2023: 29).

No employees received emoluments in excess of £60,000.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Notes to the Financial Statements
for the Year Ended 31 March 2024

8 TANGIBLE FIXED ASSETS

	Fixtures & Fittings	Computer Equipment	Totals
	£	£	£
COST			
At 1 April 2023	1,027	18,008	19,035
Additions	-	5,205	5,205
Disposals	-	(11,429)	(11,429)
	<hr/>	<hr/>	<hr/>
At 31 March 2024	<u>1,027</u>	<u>11,784</u>	<u>12,811</u>
DEPRECIATION			
At 1 April 2023	1,026	14,099	15,125
Charge for year	-	3,046	3,046
Eliminated on disposal	-	(11,429)	(11,429)
	<hr/>	<hr/>	<hr/>
At 31 March 2024	<u>1,026</u>	<u>5,716</u>	<u>6,742</u>
NET BOOK VALUE			
At 31 March 2024	<u>1</u>	<u>6,068</u>	<u>6,069</u>
At 31 March 2023	<u>1</u>	<u>3,909</u>	<u>3,910</u>

9 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	124,550	-
Accrued income and debtors	159	10,613
Prepayments	4,256	4,530
	<hr/>	<hr/>
	<u>128,965</u>	<u>15,143</u>

10 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Accruals and deferred income	6,026	41,310
	<hr/>	<hr/>
	<u>6,026</u>	<u>41,310</u>
Accruals and deferred income includes the following deferred income		
	£	£
Opening balance	37,439	3,451
Amount deferred in year	-	37,439
Released in year	(37,439)	(3,451)
	<hr/>	<hr/>
Closing balance	<u>-</u>	<u>37,439</u>

**Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO**

**Notes to the Financial Statements
for the Year Ended 31 March 2024**

11 MOVEMENT IN FUNDS

	Balance c/fwd £	Incoming Resources £	Outgoing Resources £	Transfers £	Balance c/fwd £
Restricted funds					
National Lottery Community Fund	-	19,614	-	-	19,614
Children in Need	-	31,011	(31,011)	-	-
Darlington Building Society	-	3,525	(2,071)	-	1,454
PCC ISVA grant	53,266	-	-	(53,266)	-
PCC CISVA	75	48,161	(48,236)	-	-
PCC Groups	-	10,069	(7,668)	-	2,401
PCC Keystone	-	7,593	(4,001)	-	3,592
Rape Support Fund	-	224,282	(224,282)	-	-
NHS Children & YP Counselling Grant	-	19,113	(19,113)	-	-
NHS Prisons	-	54,956	(54,956)	-	-
Safer streets training	-	4,950	-	-	4,950
Charles Hayward	-	20,000	(11,904)	-	8,096
Chester-le-Street AAP	-	6,952	(4,614)	-	2,338
Chester-le-Street PCN	-	6,952	(864)	-	6,088
CDCF NHS Community Connector	156	-	(156)	-	-
Sir James Knott	7,760	-	(3,880)	-	3,880
CDCF Sustainability Fund	5,000	-	(5,000)	-	-
Cummins	4,156	19,159	(4,425)	-	18,890
	<u>70,413</u>	<u>476,337</u>	<u>(422,181)</u>	<u>(53,266)</u>	<u>71,303</u>
Unrestricted funds - Designated	-	-	-	21,299	21,299
Unrestricted Funds - General	<u>411,307</u>	<u>477,590</u>	<u>(477,476)</u>	<u>31,967</u>	<u>443,388</u>
Total Funds	<u><u>481,720</u></u>	<u><u>953,927</u></u>	<u><u>(899,657)</u></u>	<u><u>-</u></u>	<u><u>535,990</u></u>

The transfer between funds related to restricted funds that it has now been agreed can be treated as unrestricted funds.

Designated funds

RSACC has carried forward an unspent balances from previous ISVA grants from year end 2021/22 with agreement of the previous PCC Policy & Commissioning Officer. Designated funds are for future ISVA redundancies.

Rape and Sexual Abuse Counselling Centre
(Darlington and County Durham) CIO

Notes to the Financial Statement
for the Year Ended 31 March 2024

The money received from the National Lottery Community Fund was to fund outreach counselling for survivors of sexual violence.

The money received from the Children in Need was to fund a young person's counsellor and training, clinical supervision, counselling resources and building running costs.

The money from Darlington Building Society was to fund the telephone Emotional Support Line providing anonymous support to survivors.

The money received from the Police, Crime & Victims' Commissioner is to provide Specialist Independent Sexual Violence Advisor services.

The money received from the Police, Crime Commissioner is to provide Specialist Children and Young Person's Independent Sexual Violence Advisor.

The money received from the Police, Crime Commissioner is to provide counselling services.

The money received from the Police, Crime Commissioner is to provide support for families of children and young people who have experienced sexual violence.

The money received from Keystone was grant funding from the PCC to support parents and carers of children and young people who have experienced rape and sexual abuse.

The money received from NHS for Children & Young People Counselling grant is to provide 15 hours of specialist counselling a week to children and young people.

The money received from Her Majesty's Prison and Probation Service (HMPPS) is to fund a service delivered to residents within HMP Low Newton.

The money received for Safer streets training is to deliver 15 sessions of Bystander Training to those working in the nighttime economy, shopping centres and public transport.

Monies received from Charles Haywood Foundation will be used in peer support groups for sexual abuse survivors.

Chester-le-Street AAP monies is to delivery art-based collaborative project to delivery sexual violent awareness workshops in schools.

Chester-le-Street PCN monies is to provide specialist sexual violent support for children and young people.

The money received from County Durham Community Foundation is to fund a project to help disadvantaged women and girls and the costs of volunteer support for survivors of sexual violence and covers counselling and core costs.

The monies received from the Sir James Knott Trust is to fund counselling services.

The monies from County Durham Community Foundation is to fund the recruitment, training and support of Emotional Support Line Volunteers.

The monies received from Cummins is a grant to fund an admin post to support managing the waiting list.

The money received from the Ministry of Justice was to provide direct and front-line support for victims of rape and sexual abuse.

Rape and Sexual Abuse Counselling Centre

(Darlington and County Durham) CIO

Notes to the Financial Statement
for the Year Ended 31 March 2024

12 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total
	£	£	£
Tangible Fixed Assets	6,069	-	6,069
Current Assets	464,644	71,303	535,947
Current Liabilities	(6,026)	-	(6,026)
	<u>464,687</u>	<u>71,303</u>	<u>535,990</u>

13 PENSION COSTS

The charity operates a defined contribution benefits scheme for the benefit of the employees. The cost in the year was £38,806 (2023: £36,868).

14 RELATED PARTY TRANSACTIONS

No related party transactions occurred during the current or previous year.

15 RECONCILIATION NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024	2023
	£	£
Net (expenditure)/income for the year	54,270	(10,744)
Interest receivable	(4,578)	(1,688)
Depreciation of tangible fixed assets	3,046	5,139
Decrease in debtors/(increase)	(113,822)	(12,878)
Increase/(decrease) in creditors	(35,284)	32,760
Net cash flow from operating activities	<u>(96,368)</u>	<u>12,589</u>