

**Rape and Sexual Abuse Counselling Centre  
(Darlington and County Durham)**

Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2022

“Charity Commission Copy”  
Registered Charity Number: 1164121

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

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**for the Year Ended 31 March 2021**

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**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Report of the Trustees**  
**for the Year Ended 31 March 2022**

The Trustees present their report together with financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1164121

**Principal address**

P.O. Box 106  
Darlington  
Co. Durham  
DL3 7YS

**Trustees**

Katie Joanne Bradshaw  
Nicole Westmarland  
Diane Leer MA  
Jessica Harwood Purkiss  
Deborah Lewis-Bynoe  
Andrea Darling - resigned 06/12/2021  
Geetanjali Gangoli - appointed 06/12/2021  
Kate Jeffels - resigned 05/10/2021  
Karley Wray- resigned 05/10/2021

**Bankers**

Co-Operative Bank

**Chief Executive Officer**

Isabel Owens – From Jan 22  
Debbie Barker – To Dec 21

**Independent examiner**

Mr D J Robertson FCA  
Anderson Barrowcliff LLP  
Chartered Accountants  
3 Kingfisher Court  
Bowesfield Park  
Stockton on Tees  
TS18 3EX

**OBJECTIVES AND ACTIVITIES**

**Objectives and Aims**

The Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) (RSACC) offers free confidential counselling and support to survivors who have experienced any form of sexual violence.

We work to end rape and sexual violence in Darlington and County Durham by supporting survivors of sexual violence. We offer free, safe support to anyone who has experienced any form of sexual violence at any time in their lives.

The principle charitable objects of RSACC are:

- 1 To relieve the distress of individuals in County Durham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment – in particular, but not exclusively by the following means:-
  - (a) the provision of a confidential face to face and telephone counselling service;
  - (b) the provision of a centre specifically for women and girls needing further support;
  - (c) by referring with permission those clients needing help of a more specialist nature.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Report of the Trustees**  
**for the Year Ended 31 March 2022**

**OBJECTIVES AND ACTIVITIES - continued**

- 2 To educate the public and undertake research into the subject of sexual abuse and to disseminate the useful results thereof.
- 3 Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

**ACHIEVEMENTS AND PERFORMANCE**

This year RSACC has supported 726 survivors of sexual violence across Darlington and County Durham, 322 through our Independent Sexual Advisor Service (ISVA) and 390 through our counselling service. Our Helpline has supported 425 calls and offered over 100 hours of anonymous and confidential emotional support.

The Rape & Sexual Abuse Support Fund, awarded by the Ministry of Justice is a 3-year core fund which commenced on 1<sup>st</sup> April 2019. Funded by the Ministry of Justice, this is a 3-year grant for core funding and continues to be a major contribution to our funding, including an uplift to support survivors of child sexual abuse. The Henry Smith Charity continue to fund the role of the Deputy Chief Executive and Children in Need continue to fund the post of a Young Person's Counsellor.

We have continued to see a rise in demand for support from survivors. This year we received 577 referrals, a 40% increase on the previous year. To help meet this demand we were able to increase the capacity of our counselling service through grants from the Durham Police and Crime Commissioner and the Ministry of Justice. In addition, a grant from Lloyds Bank Foundation supporting our core costs helped us to respond to this rise in demand.

We have continued to provide group based support for survivors, including our Peer Support Group in Darlington. This has been enabled by a grant from County Durham Community Foundation's Community Safety Fund. A further grant through County Durham Community Foundation's NHS Community Connector Programme has allowed us to employ a Group Coordinator to further develop and expand our group provision across the county.

The SELFIE programme (a preventative programme for young people focusing on consent and healthy relationships) which was delivered in schools and community-based settings. It was funded by the National Lottery Community Fund until March 2021, but was suspended due to the pandemic. The project was ended in December 2020 due the inability of the project to function within pandemic restrictions and the lack of funding available after March 2021. The project underspend was used this year to support adding capacity to our ISVA service and to our communications work with the agreement of the National Lottery Community Fund.

RSACC has been able to expand our communication and engagement work this year through a grant from Tyne and Wear Community Foundation's Growth and Resilience Fund. This has allowed us to employ a Communications and Engagement Officer to focus on raising our profile, developing a group of supporters and increasing our income from fundraising. This work has seen us run a number of campaigns to raise awareness of sexual violence locally and increase our income from donations, ultimately enabling us to support more survivors.

RSACC continue to deliver specialist sexual violence counselling as part of the Durham Sexual Assault Support Pathway. This contract is commissioned by Durham Police and Crime Commissioner, until October 2022, and represents a small proportion of our total counselling provision. We also continue to deliver the ISVA service, funded by Durham Police and Crime Commissioner and this year have been able to recruit an additional 4 ISVAs to the service. This has significantly increased the services capacity to provide emotional and practical support to survivors, including those going through the criminal justice system. This is particularly important as the impact of the pandemic has led to long delays in the criminal justice system meaning survivors are often needing more intense support for longer. Demand for both ISVA support and counselling has continued to grow this year beyond the capacity of our services.

RSACC's relationship with Durham University has continued and we are contracted by the University to provide specialist sexual violence counselling to staff and students. We also continue to deliver regular external workshops on sexual violence throughout the colleges at Durham University.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Report of the Trustee**  
**for the Year Ended 31 March 2021**

**ACHIEVEMENTS AND PERFORMANCE - continued**

During the financial year RSACC has worked with 8 volunteers who have supported our Helpline, Live Chat and counselling service. The support from volunteers is invaluable and has enabled us to continue to run our Helpline in the challenging context of increasing demand. We have seen a drop in the number of volunteers this year, as many are unable to volunteer remotely or priorities have changed. We have a plan in place to increase volunteer numbers over the next financial year.

**FINANCIAL REVIEW**

**Reserves Policy**

The trustees have set a reserves policy which requires:-

- Reserves to be maintained at a level which ensures 6 months organisation core activity could continue during a period of unforeseen difficulty.
- RSACC will provide goodwill in respect of 8 weeks gross redundancy pay for staff in existing roles (funding permitting) in circumstances where the statutory requirement is less; otherwise the statutory requirement applies.
- A proportion of reserves be maintained in a readily realisable form.

The charity made a deficit of £9,951 (2021: Surplus £28,177) during the year on unrestricted funds and a deficit of £14,775 (2021: surplus of £109,631) on restricted funds before transfers. At the year end the restricted funds stood at £99,788 (2021: £117,285) and the unrestricted funds were £392,676 (2021: £385,130).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

The Rape and Sexual Abuse Counselling Centre (Darlington and County Durham) CIO was incorporated on 26 October 2015 (registered charity number 1164121) and the assets and liabilities of the unincorporated charity which totalled £223,519 were transferred to the CIO on 31 March 2016.

Overall management for the charity is the responsibility of the trustees. The trustees collectively are responsible for ensuring that RSACC is well run, that resources are managed responsibly, and that services are in line with RSACC's objectives. The trustees are responsible for appointing a CEO, Isabel Owens, who is responsible for leading and managing RSACC's service delivery and income generation activities.

**Governing document**

The Charitable Incorporated Organisation's governing document is its constitution which was registered on the 26 October 2015 and adopted on 1 April 2016.

**Appointment, induction and training of trustees**

Trustees are identified by both open and targeted recruitment aimed at ensuring an appropriate balance of skills and experience. Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. Trustees are required to undertake annual training.

The members of the CIO at any point in time shall be the same persons as its charity trustees at that time. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else.

**Board Meetings**

The Trustees hold Board Meetings every 6-8 weeks where key decisions around governance are made and recorded in the minutes. Any decisions taken more urgently within this timeframe are evidenced and included in the minutes at the following meeting. The Board must be quorate for decisions to be valid. A forward plan of agenda items is maintained to ensure that the trustees regularly consider all aspects of RSACC strategic and operational activity.

**Arrangements for setting pay of key management personnel**

Pay increases are discussed and approved by the Board in preparation for the financial year.

**Risk Management**

The principal risks to the charity are outlined in the RSACC Risk Register. A review of the Risk Register is a standing agenda item at all Board meetings. Sustainability always features as a significant risk in terms of loss of funding due to the high percentage of short-term funding streams and contracts. RSACC has an ongoing funding strategy and action plan to mitigate the loss of funding.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Report of the Trustees**  
**for the Year Ended 31 March 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT - continued**

**Future Plans**

Our future plans are outlined in the current RSACC Business Plan; a 3-year plan launched in July 2019. The plan covers delivery in 5 main areas of improvement and development; Innovation, Quality Service Provision & Governance, Accessibility, Campaign & Educate and Sustainability. Progress against the delivery plan is discussed as a standing agenda item at Board Meetings.

Our greatest challenge continues to be demand for support from survivors across the county. Referrals for support from RSACC increased by 40% this year compared to the previous year. Demand is particularly high for counselling, we are the only specialist sexual violence provider in the area that provides long term person centred counselling. In the coming years we need build the capacity within our counselling team to meet this need.

We are working to develop services that meet the diverse needs of survivors, for example introducing more group support and specialist ISVA roles focusing on survivors with disabilities, older survivors and LGBTQ+ survivors. In addition we are working to develop new volunteering roles which allow volunteers to support survivors and the organisation in new ways, for example through campaigning. Over the coming year we will continue this work to ensure we can truly meet the needs of survivors across Darlington and County Durham.

**TRUSTEE STATEMENT**

In setting our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission guidance on public benefit.

Approved by order of the board of trustees on 07/11/22 and signed on its behalf by:



**Independent Examiner's Report to the Trustees of**  
**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Independent Examiner's Report to the Trustees of Rape and Sexual Abuse Counselling Centre.**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 5 to 15.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of your charity's accounts as carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:-

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr D J Robertson FCA  
Anderson Barrowcliff LLP  
Chartered Accountants  
3 Kingfisher Court  
Bowesfield Park  
Stockton on Tees  
TS18 3EX

Date: 22 November 2022

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Statement of Financial Activities**  
**for the Year Ended 31 March 2022**

	Notes	Restricted Funds £	Unrestricted Funds £	2022 Total £	2021 Total £
<b>INCOME FROM:</b>					
Donations and legacies	2	621,183	14,396	635,579	656,155
Charitable activities	3	47,965	15,052	63,017	56,039
Investment income – bank interest		-	702	702	446
<b>Total income</b>		<u>669,148</u>	<u>30,150</u>	<u>699,298</u>	<u>712,640</u>
<b>EXPENDITURE ON:</b>					
Charitable activities	4	683,923	25,326	709,249	574,832
<b>NET MOVEMENT IN FUNDS/NET (EXPENDITURE)/INCOME FOR YEAR</b>		(14,775)	4,824	(9,951)	137,808
<b>Transfers</b>	11	(2,722)	2,722	-	-
		(17,497)	7,546	(9,951)	137,808
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>117,285</u>	<u>385,130</u>	<u>502,415</u>	<u>364,607</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	11	<u>99,788</u>	<u>392,676</u>	<u>492,464</u>	<u>502,415</u>

The notes form part of the statutory financial statements



**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Balance Sheet**  
**At 31 March 2022**

	Notes	£	2022	£	£	2021	£
<b>FIXED ASSETS</b>							
Tangible assets	8			7,410			6,709
<b>CURRENT ASSETS</b>							
Debtors	9	2,265			3,552		
Cash at bank		491,339			496,213		
		493,604			499,765		
<b>CREDITORS</b>							
Amounts falling due within one year	10	8,550			4,059		
<b>NET CURRENT ASSETS</b>				485,054			495,706
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>				492,464			502,415
<b>FUNDS</b>							
Restricted funds	11	99,788			117,285		
Unrestricted funds	11	392,676			385,130		
<b>TOTAL FUNDS</b>				492,464			502,415

The financial statements were approved by the Board of Trustees on.....07/11/22..... and were signed on its behalf by:



Mrs D Leer  
Trustee

**Rape and Sexual Abuse Counselling Centre**

**(Darlington and County Durham)**

**Statement of Cash Flow**  
**At 31 March 2022**

	Note	2022 £000	2021 £000
Cash flow from operating activities:	15	(635)	164,741
Cash flow from investing activities			
Payments to acquire tangible fixed assets		(4,941)	(8,748)
Interest received		702	446
Net cash flow from investing activities		(4,239)	(8,302)
Net increase in cash and cash equivalents		(4,874)	156,439
Cash and cash equivalents at 1 April 2021		496,213	339,774
Cash and equivalents at 31 March 2022		491,339	496,213
Cash and cash equivalents consist of:			
Cash at bank and in hand		491,339	496,213
Short term deposits		-	-
Cash and cash equivalents at 31 March 2022		491,339	496,213

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2022**

**1 ACCOUNTING POLICIES**

**(a) General information and basis of preparation**

Rape and Sexual Abuse Counselling Centre is a charitable incorporated organisation in England. The principal address is given in the Charity information on page 1 of these financial statements. The nature of activities are shown in the Trustees' Report.

The Charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice Standard applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 published in October 2019 rather than the accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the Charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**(b) Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**(c) Income**

Items of income are recognised and included in the accounts when all the following criteria are met:

- The charity have entitlement to the funds.
- Any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity.
- There is sufficient certainty that receipt of the income is considered probable; and
- The amount can be measured reliably.

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract or where entitlement to grant funding is subject to specific performance conditions. There is no netting off within the accounts.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2022**

**1 ACCOUNTING POLICIES - continued**

**(d) Expenditure**

Expenditure is recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. It includes attributable VAT which cannot be recovered.

Charitable expenditure comprises those costs incurred by the company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office and governance costs.

Governance costs include those incurred in the governance of the charity which are associated with the constitutional and statutory requirements.

**(e) Tangible fixed assets**

Tangible fixed assets are stated at cost, less depreciation. Assets costing less than £250 are not capitalised.

Depreciation is provided at the following rates calculated to write off the cost of fixed assets over their expected useful life:-

Office Equipment	- Equipment	- 33% on cost per annum
	- Fixtures and Fittings	- 25% on cost per annum

**(f) Debtors**

Trade and other debtors are recognised at the settlement amount.

**(g) Cash at bank**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**(h) Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount.

**(i) Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**(j) Taxation**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

**(k) Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**(l) Redundancy payments**

Redundancy payments are recognised when there is a constructive liability to make the payment.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2022**

**1 ACCOUNTING POLICIES - continued**

**(m) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2 DONATIONS AND LEGACIES**

	Restricted £	Unrestricted £	Total 2022 £	Total 2021 £
<b><u>Grants</u></b>				
Big Lottery	-	-	-	49,707
Durham PCVC ISVA Grant	238,370	-	<b>238,370</b>	174,235
National Lottery Covid Community Fund	-	-	-	28,769
County Durham Community Foundation – NHS Community Connector	24,295	-	<b>24,295</b>	9,091
Bernica Foundation	5,000	-	<b>5,000</b>	-
Lloyds Bank Foundation	-	-	-	33,000
Children in Need	21,746	-	<b>21,746</b>	21,294
Brook Trust	-	-	-	12,000
Henry Smith Charity	24,650	-	<b>24,650</b>	72,850
MOJ Rape Support Fund	123,868	-	<b>123,868</b>	136,080
MOJ Covid Fund	61,934	-	<b>61,934</b>	44,629
Karbon Homes	-	-	-	5,497
Local giving	-	-	-	5,348
Digital Capacity Grant	700	-	<b>700</b>	-
Durham PCC – Counselling	85,164	-	<b>85,164</b>	-
Durham PCVC NHS SAS Grant	21,996	-	<b>21,996</b>	21,996
Durham PCVC Covid Emergency Funding	-	-	-	29,332
Rape Crisis England & Wales	-	-	-	2,000
Hadrian's Trust	1,000	-	<b>1,000</b>	-
Sir James Knott Trust	11,640	-	<b>11,640</b>	-
	<hr/> 620,363	<hr/> -	<hr/> <b>620,363</b>	<hr/> 645,828
<b><u>Donations</u></b>				
Just Giving	820	13,946	<b>14,766</b>	4,978
Penelope Martin Trust	-	-	-	5,000
Sundry donations	-	450	<b>450</b>	349
	<hr/> 820	<hr/> 14,396	<hr/> <b>15,216</b>	<hr/> 10,327
	<hr/> <b>621,183</b>	<hr/> <b>14,396</b>	<hr/> <b>635,579</b>	<hr/> <b>656,155</b>

In 2021 all of grants related to restricted funds and £10,327 and all donations related to unrestricted funds.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2022**

**3 CHARITABLE ACTIVITIES**

	Restricted	Unrestricted	Total 2021	Total 2020
	£	£	£	£
Durham Police (SARC)	-	-	-	21,935
Training	-	2,377	2,377	625
Durham University	47,965	2,000	49,965	28,908
Online Chat	-	9,925	9,925	4,571
HM Prison & Probation Service	-	750	750	-
	<u>47,965</u>	<u>15,052</u>	<u>63,017</u>	<u>56,039</u>

In 2021 £28,908 of charitable activities income related to restricted funds and £27,131 related to unrestricted funds.

**4 CHARITABLE ACTIVITIES COSTS**

Direct costs (See note 5)	Support costs (See note 5)	2022 Totals	2021
£	£	£	£
<u>646,693</u>	<u>62,556</u>	<u>709,249</u>	<u>574,832</u>

**5 DIRECT & SUPPORT COSTS**

	2022 £	2021 £
<b>Direct</b>		
Wages	518,042	401,148
Social Security	37,986	30,254
Pensions	26,661	23,059
Temporary Staff – CEO	23,370	-
Memberships	-	240
Supervision	13,677	10,480
Training	13,843	5,983
Travel & Subsistence	1,150	471
Outreach	9,870	10,368
Counselling	2,094	25,319
	<u>646,693</u>	<u>507,322</u>
<b>Support</b>		
Admin assistance	-	8,530
Rent, rates and water	17,509	13,748
Insurance	2,554	2,478
Telephone	13,133	13,682
Postage & stationery	780	302
Advertising	1,851	2,490
Sundries	5,664	3,883
IT Costs	6,353	6,659
Book-keeping costs	3,112	2,954
Depreciation	4,240	3,609

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2022**

**5 DIRECT & SUPPORT COSTS - continued**

	2022 £	2021 £
<b>Governance Costs</b>		
Independent Examiners fee	2,062	1,920
Legal & professional fees	5,298	7,255
	<u>62,556</u>	<u>67,510</u>

In 2021 £565,105 of the charitable activity costs related to restricted expenditure and £9,727 related to unrestricted expenditure.

**6 TRUSTEES' AND KEY MANAGEMENT PERSONNEL REMUNERATION & EXPENSES**

The total amount of employee benefits received by key management personnel is 94,229 (2021: £97,924). The Trustees considers the key management personnel to be the Chief Executive Officer and the Deputy Chief Executive Officer.

No trustees' remuneration was paid in the years ended 31 March 2022 or 31 March 2021. No trustees travel expenses were paid in year ended 31 March 2022 or 31 March 2021.

**7 STAFF COSTS**

	2022 £	2021 £
Wages and salaries	504,543	401,149
Redundancy costs	15,420	-
Social security costs	36,065	30,254
Other pension costs	26,661	23,059
	<u>582,689</u>	<u>454,462</u>

The average monthly number of employees during the year was 26 (2021: 19).

No employees received emoluments in excess of £60,000.

**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2022**

**8 TANGIBLE FIXED ASSETS**

	Fixtures & Fittings £	Computer Equipment £	Totals £
<b>COST</b>			
At 1 April 2021	1,027	11,429	12,456
Additions	-	4,941	4,941
	<hr/>	<hr/>	<hr/>
At 31 March 2022	1,027	16,370	17,397
	<hr/>	<hr/>	<hr/>
<b>DEPRECIATION</b>			
At 1 April 2021	1,026	4,721	5,747
Charge for year	-	4,240	4,240
	<hr/>	<hr/>	<hr/>
At 31 March 2022	1,026	8,961	9,987
	<hr/>	<hr/>	<hr/>
<b>NET BOOK VALUE</b>			
At 31 March 2022	1	7,409	7,410
	<hr/>	<hr/>	<hr/>
At 31 March 2021	1	6,708	6,709
	<hr/>	<hr/>	<hr/>

**9 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Accrued income	911	1,875
Prepayments	1,354	1,677
	<hr/>	<hr/>
	2,265	3,552
	<hr/>	<hr/>

**10 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Accruals and deferred income	8,550	4,059
	<hr/>	<hr/>
Accruals and deferred income includes the following deferred income		
	£	£
- Opening balance	2,409	2,409
- Amount deferred in year	3,451	2,409
- Released in year	(2,409)	(2,409)
	<hr/>	<hr/>
- Closing balance	3,451	2,409
	<hr/>	<hr/>

The deferred income is money received from Durham University relating to April 2022.



**Rape and Sexual Abuse Counselling Centre**  
**(Darlington and County Durham)**

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2022**

**11 MOVEMENT IN FUNDS**

	Balance B/fwd £	Incoming Resources £	Outgoing Resources £	Transfers £	Balance c/fwd £
<b>Restricted funds</b>					
Big Lottery Fund	13,945	-	(13,945)	-	-
Children in Need	-	21,746	(21,746)	-	-
Henry Smith Foundation	24,650	24,650	(49,300)	-	-
Durham University	-	47,965	(42,227)	-	5,738
PCC ISVA grant	22,152	238,370	(207,256)	-	53,266
PCC NHS SAS	-	21,996	(21,996)	-	-
CDCF Community Safety Fund	9,091	-	(9,091)	-	-
Tyne & Wear Growth & Resilience Fund	15,116	-	(15,116)	-	-
MIND Peer Support Group Raised income	780	820	(563)	-	1,037
Ministry of Justice - Rape Support Fund	804	185,802	(184,905)	(1,701)	-
Lloyds TSB	24,562	-	(24,562)	-	-
RCEW Online Chat	1,021	-	-	(1,021)	-
PCC Counselling	-	85,164	(85,164)	-	-
Regional Rape Crisis	5,164	-	(2,579)	-	2,585
Bernica Foundation	-	5,000	-	-	5,000
CDCF NHS Community Connector	-	24,295	(3,773)	-	20,522
Hadrian's Trust	-	1,000	(1,000)	-	-
Digital capital grant	-	700	(700)	-	-
Sir James Knott Trust	-	11,640	-	-	11,640
	<u>117,285</u>	<u>669,148</u>	<u>(683,923)</u>	<u>(2,722)</u>	<u>99,788</u>
<b>Unrestricted Funds - General</b>	<u>385,130</u>	<u>30,150</u>	<u>(25,326)</u>	<u>2,722</u>	<u>392,676</u>
<b>Total Funds</b>	<u>502,415</u>	<u>699,298</u>	<u>(709,249)</u>	<u>-</u>	<u>492,464</u>

The transfer between funds represents restricted funds spent on fixed assets so transferred to unrestricted funds and funds incorrectly treated as restricted in the prior year now transferred to unrestricted funds.

**Rape and Sexual Abuse Counselling Centre**  
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**Notes to the Financial Statement**  
**for the Year Ended 31 March 2022**

The Big Lottery Funding was received to fund the salary of a Development Worker and Counsellor for outreach work, and to develop a preventative programme around consent, to work with young people.

The money received from the Children in Need was to fund a young person's counsellor and training, clinical supervision, counselling resources and building running costs.

The money received from The Henry Smith Foundation was to fund the salary of the Deputy Chief Executive Officer.

The money received from Durham University was to deliver counselling within the University. An additional £10,000 was received to assist with Project Bluestone.

The money received from the Police, Crime & Victims' Commissioner is to provide Specialist Independent Sexual Violence Advisor services. Emergency Funding was also received to support the work during Covid-19.

The money received from County Durham Community Foundation was to fund a project to help disadvantaged women and girls and the costs of volunteer support for survivors of sexual violence and covers counselling and core costs.

The money received from Tyne & Wear Community Foundation Growth and Resilience Fund to launch an 18 month programme to increase and improve digital reach.

The money received from Her Majesty's Prison and Probation Service (HMPPS) was to fund a service delivered to residents within HMP Low Newton.

The money received from MIND was to fund a peer support group.

The money from the MOJ Rape Support Fund was to provide direct and front line support to female victims of rape and sexual violence. Additional funding was received to respond to the additional demand due to Covid-19.

The money received from Lloyds TSB was to respond to the additional capacity needed due to Covid-19.

The money received from Local giving and the Ministry of Justice Covid Fund was to provide support during Covid-19.

The money received from the NHS SAS PCVC was to provide counselling services.

The money received from Rape Crisis England & Wales was to fund tasks relating to the delivery of the Centre's Digital Action Plan and Digital Strategy, and extra ordinary funding for Covid-19.

The money received from the Police and Crime Commission was to provide counselling services.

The money received from the Bernica Foundation was to cover core costs.

The money received from County Durham Community Foundation was for the NHS Community Connector Programme and was used to employ a group co-ordinator to develop and expand provision.

The money received from the Hardrian's Trust was to assist with volunteer costs.

The digital capacity grant was to help companies adopt digital technologies.

The monies received from the Sir James Knott Trust is to fund counselling services.

**Rape and Sexual Abuse Counselling Centre**

**(Darlington and County Durham)**

**Notes to the Financial Statement**  
**for the Year Ended 31 March 2022**

**12 ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
Tangible Fixed Assets	7,410	-	7,410
Current Assets	393,816	99,788	493,604
Current Liabilities	(8,550)	-	(8,550)
	<u>392,676</u>	<u>99,788</u>	<u>492,464</u>

**13 PENSION COSTS**

The charity operates a defined contribution benefits scheme for the benefit of the employees. The cost in the year was £26,661 (2021: £23,059).

**14 RELATED PARTY TRANSACTIONS**

No related party transactions occurred during the current or previous year.

**15 RECONCILIATION NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	<b>2022 £</b>	<b>2021 £</b>
Net (expenditure)/income for the year	(9,951)	137,808
Interest receivable	(702)	(446)
Depreciation of tangible fixed assets	4,240	3,610
Decrease in debtors	1,287	24,463
Increase/(decrease) in creditors	4,491	(694)
Net cash flow from operating activities	<u>(635)</u>	<u>164,741</u>