

Specialist Sexual Violence Training



RSACC Training
Rape and Sexual Abuse Counselling Centre
Darlington and County Durham

Sexual violence affects one in four women, and one in 18 men, across England and Wales. One in six children experience sexual abuse. Survivors feel the impact of these experiences in the short and long term and can struggle with their mental and physical health and wellbeing.





RSACC Training

RSACC is a registered charity that delivers specialist support to survivors to aid their recovery, while working to end sexual violence in Darlington and County Durham through campaigning and education. We now also offer a range of specially developed training options designed to raise awareness and understanding of the impact of sexual violence on survivors.

RSACC Training will equip your staff and volunteers with the skills and knowledge they need to improve their professional response to survivors, create safe spaces for disclosure, and improve staff wellbeing within your organisation.

Our range of half-day courses are specifically created for a variety of professionals supporting people who have experienced sexual violence. They are also an excellent choice for those who simply wish to have a better understanding of sexual violence and its impact.

RSACC training is informed by our collective experience of working with survivors for over 30 years, and all profits are redirected to fund the services we deliver to survivors in Darlington and County Durham.

Training is delivered by our experienced in-house trainer either online, in person or by attending one of our advertised training days.

Contact us

To find out more about how RSACC Training can be tailored to your organisation's individual requirements, contact us:

Telephone - 01325 354 119

Email - training@rsacc-thecentre.org.uk

Workshops include:

Sexual Violence Awareness (CPD Accredited)

- Understand terminology used around sexual violence and consent
- Gain an understanding of the impacts of sexual violence on the survivor
- Identify different types of sexual violence offences

Domestic Violence Awareness

- Define and identify the different kinds of domestic violence
- Understand the impact on survivors and children
- Understand some of the reasons why people stay in abusive relationships

Responding to Disclosure (CPD Accredited)

- Understand some of the barriers to disclosure
- Understand the impacts of sexual violence on survivors
- Know how best to respond when someone discloses their experience



Charity Number: 1164121

