

# Men and Boys support services



**For men and boys  
who have experienced  
sexual violence**

# Who We Are

We offer free, safe support to all survivors 13 and above who have experienced any form of sexual abuse at any time in their lives. If you need to talk to someone in confidence about sexual abuse, we are here for you.



We are aware that there is a lack of specialist services just for men and boys but, we can offer you a range of services to support you and also signpost to other organisations that can help male sexual violence survivors.



### Supporting male sexual violence survivors

We recognise that men and boys experience, are affected and are at risk of rape and sexual violence. We therefore offer support to male survivors through a number of our services. Men and boys can access our counselling, our Independent Sexual Violence Advisor (ISVA) service and our Helpline.

### Counselling

Our specialist counselling is offered to men and boys aged over 13. You can access it at any time after your abuse has occurred. It is available at a variety of locations across Darlington and County Durham.

### ISVA Service

Our ISVA service offers non-judgemental, practical and emotional support to survivors of sexual abuse who are thinking of reporting to the police or who have reported to the police.

If you would like to refer yourself for either our Counselling or ISVA service, **please call 01325 354119.**

### Confidential Helpline

We have a telephone support line where male survivors can call for support and one of our highly trained team will be there to listen empathetically and without judgement. This service may be used in times of need and calls can last up to an hour. Please check our website (details below) for opening hours.

### FAQs

If you have any further questions on how we support men and boys, please go to the FAQs on our website. [rsaccthecentre.org.uk](http://rsaccthecentre.org.uk)

## How to get in touch with RSACC

You can refer yourself for our ISVA service and/or counselling by calling us on **01325 354119**.

Our local, confidential helpline is available on **0300 222 5730**. Please check our social media for times.

## You can also email us:

[info@rsacc-thecentre.org.uk](mailto:info@rsacc-thecentre.org.uk)

## Or write to us:

RSACC  
PO Box 106  
Darlington  
DL3 7YS

## Our local helpline is confidential.

It is staffed by trained women who are there to listen and support. For opening hours please check our website: Helpline - RSACC ([rsaccthecentre.org.uk](http://rsaccthecentre.org.uk))

Charity Number: 1164121

