

How to get in touch with RSACC

Our local helpline is **free and confidential**. It is staffed by trained women who are there to listen and support. **Call us on 01325 369933**
Monday – Thursday, 6.30pm – 9.00pm.

You can also email us:
info@rsacc-thecentre.org.uk

Or write to us:

RSACC
PO Box 106
Darlington
DL3 7YS

You can find more information about our services or how to become a volunteer or supporter at www.rsacc-thecentre.org.uk or by calling our business line during office hours **01325 354119**.

Confidential Helpline



RSACC ♀
Rape and Sexual Abuse Counselling Centre
Darlington and County Durham

For women who need
to talk to someone about
rape or sexual abuse

Who We Are

Hello we are RSACC, a charity run by and for women. We work to end rape and sexual violence by supporting and empowering women and girls in Darlington and County Durham.

We offer free, safe support to all women 13 and above who have experienced any form of sexual abuse at any time in their lives.

Our Helpline 01325 369933

**Available Monday–Thursday,
6.30pm – 9pm**

Our confidential local helpline is free to call for any girl or woman who has been directly or indirectly affected by sexual violence, abuse or domestic violence.

This includes family or friends of survivors who feel they need support. Our helpline is staffed by trained women who are there to listen and support without judgement.

It doesn't matter how old the caller is, where they live or what their experiences are. Callers can access the service as many times as they feel is needed and calls can last up to one hour.

Our aim is to offer girls and women a safe space to talk. For some who are experiencing difficulty living with the consequences of violence and abuse a friendly, supportive and understanding person to talk to can be helpful.

Calls to this line are anonymous unless the caller requests otherwise.

If you need to talk to someone in confidence about sexual abuse, we are here for you.